

Chicago Lakeshore Hospital is Chicago's premier provider of behavioral health care services and a Joint Commission "Top Performer on Key Quality Measures."

- We specialize in the treatment of adults, children, adolescents and adults with psychiatric or chemical dependency issues, as well as, dual diagnosis.
- We offer state of the art clinical services designed to deliver compassionate care to members of the Lesbian, Gay, Bisexual, Transgender & Questioning community.
- Recovery is important to us and we are committed to a supportive environment and an ongoing plan for long-term sobriety and improved mental health.
- We are dedicated to educating the public to the value of identifying and treating behavioral illnesses and addictions and their impact on people's lives.
- Treatment services include crisis intervention, assessment, detox and both inpatient and outpatient services.



Campus Locations

Chicago Lakeshore Hospital

4840 North Marine Drive
Chicago, IL 60640
800.888.0560
773.878.9700

Children's Pavilion

4720 North Clarendon
Chicago, IL 60640
800.888.0560
773.878.9700

Lawrence Center

850 West Lawrence Avenue
800.888.0560
773.878.9700

Lakeshore Center for Behavioral Health

737 North Michigan Avenue,
Suite 1520
Chicago, IL 60611
312.257.2985



*A legacy of clinical and academic excellence.
Established 1964*

www.chicagolakeshorehospital.com

Child & Adolescent Services

Does the child or adolescent in your life need help? Are they exhibiting any of the following behaviors?

- Suicidal/homicidal thoughts, threats or actions
- Outbursts of anger or violence
- Persistent disobedience or aggression
- Expressions of guilt, hopelessness or helplessness, excessive worry & anxiety
- Abusing alcohol and/or drugs
- Defiance of authority, truancy or vandalism
- Prolonged depression or negative outlook
- Challenges coping with problems or daily activities
- Extreme emotional response to frustration
- Hyperactivity or attention challenges
- Severe or sudden changes in school performance

**Call 24-7 for a free assessment.
800.888.0560**

Chicago Lakeshore Hospital's Children's Services are provided in a dedicated, state-of-the-art child and adolescent facility providing immediate crisis stabilization for acute behavioral and psychiatric conditions. Along with a traditional medical approach to care, we teach children alternative and appropriate means of expression including how to demonstrate respect for themselves and others and to take responsibility for their own behavior.

Our Choice based Child & Adolescent programs empower patients. They become aware of the sense of control that comes from making posi-

The Program:

A multidisciplinary team establishes each individual's treatment plan. It is reflective of the patient's needs and goals and determines an appropriate length of stay. The program may include:

- Strong and immediate family involvement
- Expert behavioral assessment and intervention strategies
- Rotating therapeutic group topics and Group psychotherapy
- Skilled and involved education, art and activity therapy
- 24 hours nursing care

Discharge Planning:

Discharge planning is an integral part of an effective treatment plan and begins shortly after admission. Aftercare plans may include referrals/recommendations for meeting a patient's specific needs and may include: family and/or individual therapy, medication monitoring, self-help and support groups, Intensive Outpatient Programs, Partial Hospital Program and assistance with safe housing.

Admission Process:

Chicago Lakeshore Hospital is open 24/7. An initial assessment will be provided at no cost and

Children's Pavilion

tive choices and how those choices impact their experiences. Patients develop insight and earn responsibility for their progress through treatment, learning problem-solving skills that can be utilized in their life outside of the hospital.

We have a phased treatment model, a simplified system of categorizing progress and goals based on safety needs and concerns.

Simplified unit expectations: 1. Respect for oneself, 2. Respect for others, and 3. Respect for the environment, thereby reducing the perceived punitive nature of consequences associated with "rules". Re-direction toward specific, positive behaviors teaches patients to make better choices specific to their own particular needs and wants, leading to better outcomes.

Inpatient Services

- Substance abuse prevention/addictions focus including detox
- Expertise in gender/sexuality issues – LGBTQ
- Self-calming resources

Additional Services

if admission is recommended, our trained intake department can facilitate that process, including insurance verification and pre-certification.

Outpatient Services

Partial Hospitalization (PHP) and Intensive Outpatient Services (IOP)

Many children and adolescents experience behavioral and psychiatric conditions but do not necessitate inpatient hospitalization. However, they may require a more intensive therapeutic program than traditional outpatient therapy provides. PHP and IOP are options that may be appropriate.

Call 800.888.0560 24/7 for crisis intervention, assessment and referral service.

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